



# TRIP DOSSIER

## LAKE MC IVOR MULTIDAY HIKE

### INTRODUCTION

This document provides a full description of the trip, what to expect and what to bring

### SUMMARY OF TRIP

You will visit an area in the Fiordland National Park, rarely visited. Due to the inaccessibility, it is visited by very few and is remote but stunning and totally off the beaten track in the heart of Fiordland. There are no formed pathways or camp site, we use animal tracks and set up camp next to an alpine lake.

### GETTING THERE

Depending on client numbers and weather, we either meet at the float plane base in Lake Te Anau or at the airfield in Manapouri which is a short 7 mins drive out of Te Anau . We can meet in Queenstown by prior arrangement too.

**FIXED WING FLOAT PLANE** – This is our preferred mode of transport but can be weather dependent. We take a fixed wing float plane from Lake Te Anau and soar over the mountains to Lake Mclvor. The float plane lands on the alpine lake where we arrive for the start of our adventure.

**HELICOPTER** – This option is available for an extra \$50pp. Meeting at the Te Anau helicopter base in Manapouri, we board our helicopter to fly us straight to the shores of Lake Mclvor.

### ACCOMMODATION

Due to the remoteness of the location, we will be camping along the shores of an alpine tarn with views across the peaks and beyond.

Normally we camp in two man tents and sleep on comfortable but lightweight air filled mattresses which is carried in your pack. Cooking is round a traditional camp fire and dining under the stars. However if a few more creature comforts are more your thing, we have the option to helicopter in a full sized stand up tent with camp beds, tables and chairs and comfortable mattresses. We can customize each trip to guests requirements and budget.

### MEALS

We provide all meals, snacks and drinks (including some beer and wine)

Day one: Lunch, snacks and dinner

Day two: Breakfast, snacks and lunch

If you have any food allergies or special requests, please notify us in advance.

## LEVEL OF FITNESS REQUIRED

We will be walking for about 2-5 hours each day depending on your level of fitness. The route is through forest and along uneven animal paths, however with long daylight hours during the summer, we can take it at the pace that suits you. You do not need to be super fit, however some experience carrying a pack would be advantageous.

The weather can often be the main factor in how easy or difficult you find the walk, so good gear will make a great difference to your comfort levels.

## HEALTH & SAFETY

All guides are trained in 1<sup>st</sup> Aid and have years of experience in the bush. The lead guide will carry an emergency first aid kit and an emergency beacon at all times. We also carry marine radios that can transmit and receive the frequencies used on the majority of the boats on Lake Te Anau.

It is easy to get lost in dense bush so we ask that you follow the guides' instructions to keep you safe.

There are no snakes, spiders or dangerous animals in Fiordland, although we recommend good insect repellent for the sandflies

## ITINERARY

### **Day 1:**

Meals included: Lunch, dinner

The adventure begins with a stunning flight across Lake Te Anau and the Murchison ranges before we land on Lake Mclvor itself. This is weather dependant, there is the option to Helicopter instead for an additional \$50. Once the group is unloaded and the plane has left us alone in this remote, pristine environment, we commence our walk along the lake edge, through the native forest containing clusters of 1000+ year old beech trees and moss gardens.

The terrain is flat and easy walking all the way to our picturesque lunch spot which is approximately 1.5 hours from where we started. Along the way your guide will point out the various flora and fauna that make this part of the world so special. After a delicious lunch we have a 2 hour walk through mainly Fiordland bush and alpine tussock following nothing but deer trails. This gives amazing opportunities to view deer in their own habitat. Our camping site is in a remote valley nestled on the shores of a pristine alpine lake surrounded by the Barrier Peaks. Here you can chose to swim in the lake or relax before we have a traditional kiwi bush tucker dinner.

After a scrumptious dinner we walk to an adjacent clearing approximately 20 minutes away in the hope of spotting a few deer and other wildlife including numerous native birds. On previous trips the exceptionally rare Takahe as well as Kiwis, Moreporks and Wekas have all been seen around our campsite area. This is one of the only places you will have the opportunity to go to see Kiwi's in their natural habitat as they are so endangered and have very few predator free environments in which to live.

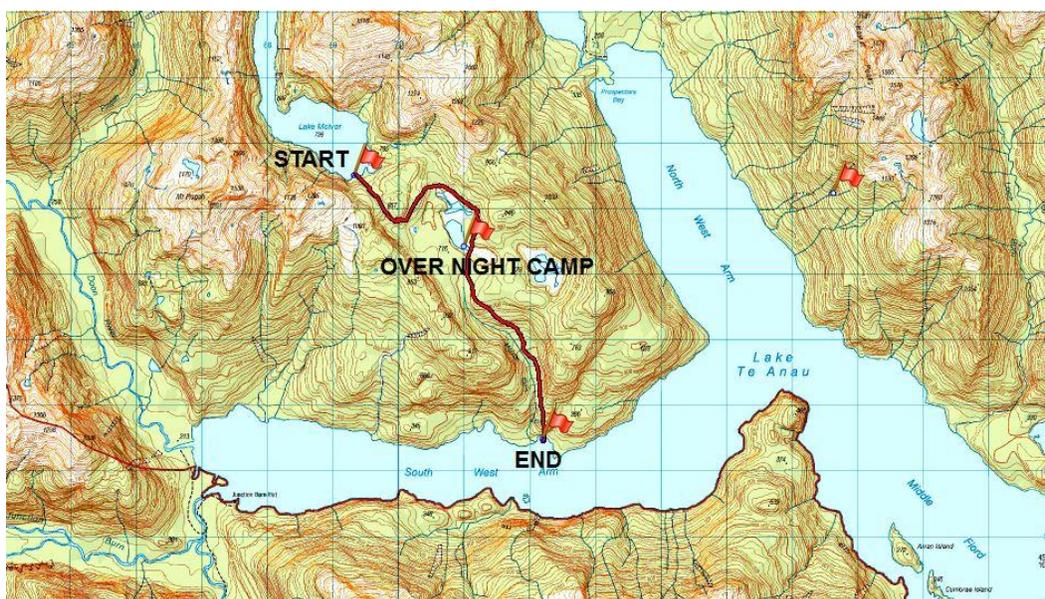
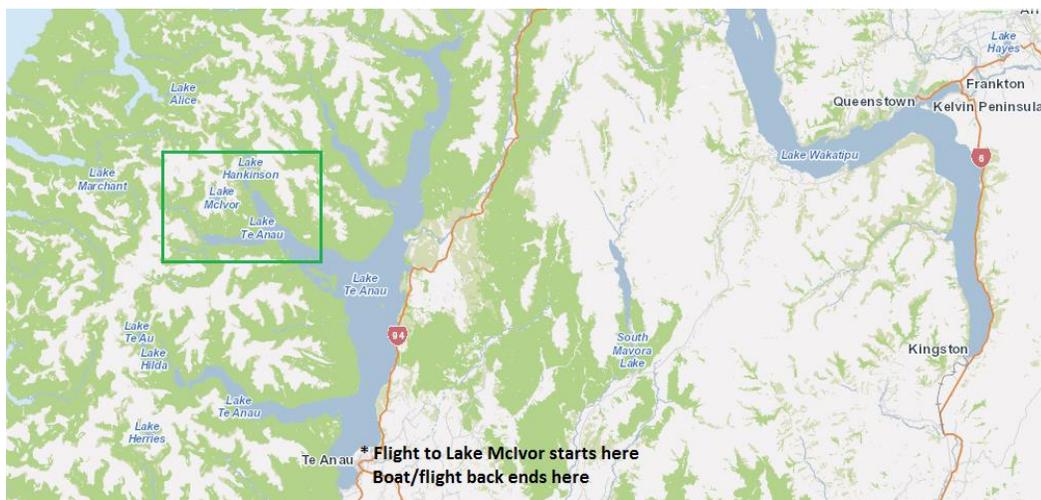
## Day 2:

Meals included: Breakfast, Lunch

After a sound night's sleep and a hearty breakfast, we commence our descent through green, luscious, native bush, down towards Lake Te Anau. There are no marked tracks, it's all deer trails following an underground river that has its source up at Lake McIvor. We break out of the bush and stop for lunch at a scenic waterfall overlooking the middle arm of Lake Te Anau and the Takahe reserve.

After lunch we continue our descent, enjoying glimpses of the surrounding mountains and deep blue lake all the way down. We arrive on a small beach on the far side of Lake Te Anau at approx 4pm. From here we relax before taking the scenic boat ride back to Te Anau Township arriving back around 5.30pm

## MAPS



## WHAT TO PACK

We have a range of gear for hire if required – please enquire in advance

**MINIMUM REQUIREMENTS** – For comfort and safety all clients **MUST** bring the equipment below.

- Jacket/Coat – wind and waterproof with hood
- Boots – sturdy, good fit, protected with dressing/polish
- Treking pants/trousers
- Tops/ shirts – quick drying sports or hiking tops are best.  
Avoid cotton as although cool in the summer, it can be cold when wet or sweaty
- Thermals – long sleeved top and long johns (quick drying)  
The kiwi way is to wear them under shorts and they can double up as sleep wear/pajamas
- Socks – 2-3 pairs  
Good pair of walking socks and a warm pair to wear in the evening round camp
- Underwear
- Warm hat, beanie or balaclava  
Even in summer the weather can turn cooler in the evenings
- Warm gloves or mittens
- Mid layer pullovers: fleece tops or polartec type are ideal (light and quick drying)
- Cotton hoodies are not as warm and heavy when wet
- Shorts
- Pack – with a waterproof liner such as the yellow “NZ Mountain Safety Council” pack liner.  
Pack should be light, strong, comfortable, 60-90 litres for overnight trips where you are carrying your own gear and able to carry up to one quarter of your weight.
- Sleeping bag – good quality down or synthetic fibre.
- Sleeping Mat – closed cell foam, or a self-inflating airbed.
- Torch – small with spare bulb & batteries.
- Drink Bottle  
We can normally fill up along the way in streams so 1 litre is normally sufficient
- Toiletries/wash kit, toilet roll and any personal medication if required
- Insect repellent
- Sunscreen, lip balm and sunhat

### OPTIONAL SUGGESTIONS

- Gaiters or Puttees – to keep out water and gravel
- Over trousers – waterproof and windproof, essential if you get cold quickly
- Comfortable lightweight shoes to wear round camp in the evenings
- Sunglasses
- Binoculars
- Earplugs for light sleepers
- Watch/ alarm clock
- Travel wipes/ tissues
- Swimwear  
The rivers/lakes are great to cool off in although spare underwear is often substituted
- Blister plasters/band-aid or tape  
Although we do carry a first aid kit too
- Camera, spare batteries and spare memory card

## TERMS AND CONDITIONS

Please make yourself familiar with our terms and conditions, we highly recommend travel insurance and if you have any questions, please do not hesitate to ask

## CONTACT DETAILS

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## FEEDBACK

Your feedback is important to us. At the end of our trips we normally ask for feedback in the form of an online form or ask that you review us on trip advisor. We'd love to hear what you think.

## UPDATED

Dossier last updated April 2015